

# BREAKFAST MENU CONTINENTAL BREAKFAST - €24

### **COFFEE**

Espresso, Ristretto, Macchiato, Americano, Double Espresso, Cappuccino, Latte, Hot Chocolate

### **TEA**

English Breakfast, Darjeeling, Earl Grey, Fresh mint, Blackberry and raspberry, Classic Chai, Chamomile, Peppermint, Lemon and Ginger

### **GLASS OF PROSECCO**

### STILL & SPARKLING WATER

### BOOSTERS & JUICES

Juice of the day
Smoothie of the day
Fresh Orange Juice or Fresh Pink Grapefruit Juice
Tomato, Pineapple, Apple, Cranberry, Peach Juice

### CONTINENTAL ON THREE TIER

Boulangerie & Viennoiserie Cured meats & cheeses Seasonal fruit platter

A selection of jams, selection of local yoghurts, lowfat & fruit A selection of cereals (Corn Flakes, Coco Pops, Weetabix, All-Bran, Fruit & Fibre, Granola)

Kindly inform us if you have any dietary requirements or if you suffer from any allergies
All prices are inclusive of VAT



## COOKED À LA CARTE BREAKFAST

### EGGS COOKED TO YOUR LIKINGS - €12

(Boiled / Scrambled / Poached / Fried)

3 free range hens eggs omelette with a choice of filling from the below: Red onions, parmesan cheese, mushrooms, spring onion, smoked ham, tomatoes, baby spinach, streaky bacon, smoked salmon

### ENGLISH BREAKFAST - €18

Two free range hens eggs, cooked to your liking (Boiled / Scrambled / Poached / Fried) with local streaky bacon in two ways (crispy & glazed), local pork sausages, stuffed mushrooms, gratin of tomatoes & baked beans

### HEALTHY - €16

Choose 2 items from the below:

Organic porridge with coconut milk & local honey

Carved fruit platter

Scottish smoked salmon with cottage cheese on multi-grain toast

### VEGETARIAN - €16

Two free range hen eggs, cooked to your liking: (Boiled / Scrambled / Poached / Fried) served with grilled bagels stuffed mushrooms, gratin of tomatoes, potato terrine & baked beans

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### VEGAN - €16

Scrambled tofu on toasted Maltese bread, crushed avocado, stuffed mushrooms, grilled tomatoes

### **GRAIN SPECIALS**

Truffled scrambled eggs on a grilled bagel €14

Egg Florentine / Royale / Benedict €14

Glazed omelette with smoked eel, spring onion & soft herbs €14

Pancakes with maple syrup & red fruits €12

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