



BREAKFAST MENU

CONTINENTAL BREAKFAST - €24

COFFEE

Espresso, Ristretto, Macchiato,
Americano, Double Espresso,
Cappuccino, Latte, Hot Chocolate

TEA

English Breakfast, Assam, Darjeeling, Earl Grey, Fresh mint, Blackberry and
raspberry, Classic Chai, Chamomile, Peppermint, Lemon and Ginger

GLASS OF PROSECCO

STILL & SPARKLING WATER

BOOSTERS & JUICES

Juice of the day
Smoothie of the day
Fresh Orange Juice or Fresh Pink Grapefruit Juice
Tomato, Pineapple, Apple, Cranberry, Peach Juice

CONTINENTAL ON THREE TIER

Boulangerie & Viennoiserie
Cured meats & cheeses
Seasonal fruit platter

A selection of jams, selection of local yoghurts, lowfat & fruit
A selection of cereals (Corn Flakes, Coco Pops, Weetabix, All-Bran, Fruit & Fibre, Granola)

Kindly inform us if you have any dietary requirements or if you suffer from any allergies
All prices are inclusive of VAT



COOKED À LA CARTE BREAKFAST

EGGS COOKED TO YOUR LIKINGS - €12

(Boiled / Scrambled / Poached / Fried)

3 free range hens eggs omelette with a choice of filling from the below:

Red onions, parmesan cheese, mushrooms, spring onion, smoked ham, tomatoes,
baby spinach, streaky bacon, smoked salmon

ENGLISH BREAKFAST - €18

Two free range hens eggs, cooked to your liking (Boiled / Scrambled / Poached / Fried)
with local streaky bacon in two ways (crispy & glazed), local pork sausages, stuffed
mushrooms, gratin of tomatoes & baked beans

HEALTHY - €16

Choose 2 items from the below:

Organic porridge with coconut milk & local honey

Carved fruit platter

Scottish smoked salmon with cottage cheese on multi-grain toast

VEGETARIAN - €16

Two free range hen eggs, cooked to your liking:
(Boiled / Scrambled / Poached / Fried) served with grilled bagels
stuffed mushrooms, gratin of tomatoes, potatoe terrine & baked beans

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VEGAN - €16

Scrambled tofu on toasted Maltese bread, crushed avocado,
stuffed mushrooms, grilled tomatoes

GRAIN SPECIALS

Truffled scrambled eggs on a grilled bagel €14

Egg Florentine / Royale / Benedict €14

Glazed omelette with smoked eel, spring onion & soft herbs €14

Pancakes with maple syrup & red fruits €12

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