

BREAKFAST MENU



CONTINENTAL SELECTION €18

COFFEE

Espresso, Ristretto, Macchiato
Americano
Double espresso
Cappuccino, Latté

TEA

Jasmine
English breakfast, Assam, Darjeeling
Earl Grey



BOOSTERS AND JUICES

Juice of the day
Orange, pink grapefruit, apple

BOULANGERIE

Maltese,
French white, brown, multigrain

VIENNOISERIE

Freshly baked-croissants,
Pain au chocolat, Danish pastries
A selection of artisanal jams

PASTRY

Dried fruit cakes

CEREALS

Cereals, dried fruits, nuts, seeds
Yoghurt-natural, low fat and fruit
Lactose free, full fat, skimmed, soya & almond milk

FRUIT

Seasonal fruit
Fruit compote
Fruit salad

EGG

Boiled hen egg 4 / 6 / 10 minutes

SELECTION OF CURED MEATS AND CHEESES

BREAKFAST MENU



COOKED BREAKFAST a la CARTE

ENGLISH € 12

Two free range, hen eggs, cooked to your liking (*fried, poached or scrambled*)
Local streaky bacon, local pork sausage, grilled mushrooms, confit tomatoes,
home made baked beans

OMELETTE € 8

3 free range hen egg omelette with a choice of fillings:
Red onions, cheese, mushrooms, spring onions, smoked ham, tomato, baby spinach, local streaky bacon

HEALTHY € 12

Grain energy juice
Carrot & pear or lemon & ginger

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Organic porridge

—
Carved fruit plate

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Scottish smoked salmon with cottage cheese on multigrain toast

VEGETARIAN € 10

Two free range hen eggs, cooked to your liking (*fried, poached or scrambled*)
Grilled mushrooms, confit tomatoes, potato cake,
home made baked beans. Served with Grain's bread and pastries.

GLUTEN FREE € 12

Two free range, hen eggs, cooked to your liking (*fried, poached or scrambled*)
Gluten free local pork sausage, local streaky bacon, grilled mushrooms, confit tomatoes.
Gluten free croissants & toast

VEGAN € 12

Scrambled tofu on rye bread, crushed avocado, confit Portobello mushrooms
stuffed with herbed quinoa, grilled tomato

*Kindly inform us if you have any dietary requirements or if you
suffer from any food allergies*

BREAKFAST MENU

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GRAIN SPECIALS a la CARTE

Gillardeau oysters € 6 each

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Truffled scrambled eggs on toast € 10

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Egg Florentine, Royale or Benedict € 8

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Glazed omelette with smoked eel, spring onion, soft herbs € 8

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American style pancakes, maple syrup & fresh berries € 8

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